



# Village Life

July 2005  
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A NEWSPAPER FOR ASBURY METHODIST VILLAGE

Residents, Associates, Families & Friends  
[www.asburymethodistvillage.org](http://www.asburymethodistvillage.org)

## A STAR SHINES AT ASBURY

By Marjorie McFarland, Diamond

**D**o you know that a movie star is living here at Asbury? Early in May, Lucy Brightman (Diamond) flew to Miami for the World Premier of “Mrs. Stevens Hears the Mermaids Singing.” Our Lucy has the lead in this film—she is Mrs. Stevens! In the film Mrs. Stevens is considered to be a 70-year old woman who discusses her life in a series of flashbacks. It is the story of the loves of her life, both male and female.

The film is an adaptation of an autobiographical novel written by May Sarton. An Ohio filmmaker, Linda Thornburg, persevered for 22 years before putting Mrs. Stevens on the screen. She was trying to make it as true and as faithful as possible to the Sarton novel. Even getting the financing for the film was difficult. It was going well until September 11 in 2001, but after that financing was difficult to obtain. Eventually, she was able to start casting for the film.

It was very providential how Lucy Brightman got the role of Mrs. Stevens. One of her sons and his partner knew Linda Thornburg and suggested that Lucy would be a good “Mrs. Stevens.” Linda Thornburg suggested that they arrange for Lucy to send an audition tape. The two young men came to Washington from Califor-



Hilary Stevens (Lucy Brightman) toasts the Muse. Peter Selversen (Patrick Richwood) watches.

nia and made the arrangements for taping two scenes of Lucy as Mrs. Stevens. Several well-known actresses were being considered for the role, but as soon as Linda saw Lucy’s audition tapes she called Lucy and said, “I want you to be my Mrs. Stevens.”

The filming was done in a beautiful old house—the Celeste House—on Kelleys Island in Lake Erie. It was hard work. There were 81 actors so there were takes and retakes galore. “Mrs. Stevens” portrays May Sarton both as a

poet and an author. That is the basis of many flashbacks through her life. In the story she is visited by two ambitious young reporters who ask the question, “Who’s the Muse?” To answer this question, there are five Hilary Stevens of different ages in the flashbacks.

After the film was finished, there were some revisions, and several of the flashbacks ran a bit long, so that was corrected. Lucy says eventually the film will be shown in the Washington area, but she doesn’t know when.

Lucy has experience in working on stage, in films, radio and TV. She is a member of the Screen Actors Guild and the Federation of Television and Radio Artists. She began her career in the 1940s when she was a student at the King Smith Theatre School. One of her teachers was the young Horton Foote who later was famous as a playwright and screen writer. In her early years of acting, Lucy played in the American Regional Theatre.

When she married, Lucy stopped acting and raised four children. But after her youngest son graduated summa cum laude from Berkeley, she resumed her acting career. She has played at the Arena, Shakespeare Theatre, Source Theatre, the Edinburgh Festival, Bur Brae Dinner

*Continued on page 2*

## The Butler Did It...George Butler!

By Gordon Allen, Bldg. 419

**A**lmost a living legend, George Butler has been repairing people’s possessions and designing needed furnishings almost from the day he moved to Asbury 17 years ago. He had recorded 1340 jobs by his last count, probably 100 since then, and has donated over \$2000 in earnings to the Benevolent Care Fund after taking out his expenses. His age, 93, hasn’t slowed him down: in the first six months of 2005 he donated another \$300.

Beyond his own home repairs, he started fixing things for friends and neighbors a while after retiring, when he found time hanging heavy on his hands. With a “LET GEORGE DO IT” card and word of mouth he quickly built a thriving business, but money was not the motive. At Asbury he charges \$4 an hour but keeps none of it for himself.

He can read out of his record book the fol-

lowing consecutive items: lamp, walker, chair, jewelry, mirror, typewriter, can-opener. And humidifiers! “Don’t neglect your humidifier if you want your furniture to last.” He stops only at electronics and computers. If you want to see a sample of his creative craft, ask Linda Aber at *Village Life* to show you the expandable wooden folder for storing back-issues of her newspaper. The hardest job he remembers was difficult not technically, but physically: raising a very heavy section to the top of a large wooden wardrobe; he doesn’t know now how he accomplished it.

His workshop on the ground floor of Edwards-Fisher is spacious and well outfitted. Seventeen years ago he shared it with three other repair artists, but they are now gone, leaving it all to him. He welcomes other residents who want to do jobs for themselves, but is ready to advise or help them. When will he quit? “Only time will tell.”



Photo: Martha Hunt

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# Have you discovered your Turtle Bridge?

It was during our last weekend as "residents" of Edwards-Fisher. Nicholas was being particularly fussy on what was an otherwise glorious Sunday morning. After all other pacification strategies proved unsuccessful, I gathered up the essentials, bundled up the baby and off we went for a stroll around the Asbury lakes.

Ever since Renata and I began introducing Nicholas to the natural wonders around the lakes, we discovered that this is one of the surest bets for settling him down, not to mention the intrinsic benefits for Mom and Dad. Alas, on this particular day, the fail-safe approach seemed to be backfiring. Fortunately, other than the geese, no one else was out to witness Nicholas' less than angelic other side.

As we began crossing the wooden bridge that transverses the stream leading into the larger of the two lakes there wasn't even a peep coming from the stroller. Instantly, we came to a stop and I began to ever so gently rock Nicholas to sleep. While we were enjoying the peace of just being there alone listening to the songbirds with the flowing stream beneath us, I came to realize, this was my "Turtle Bridge."

You see, it was during orienta-



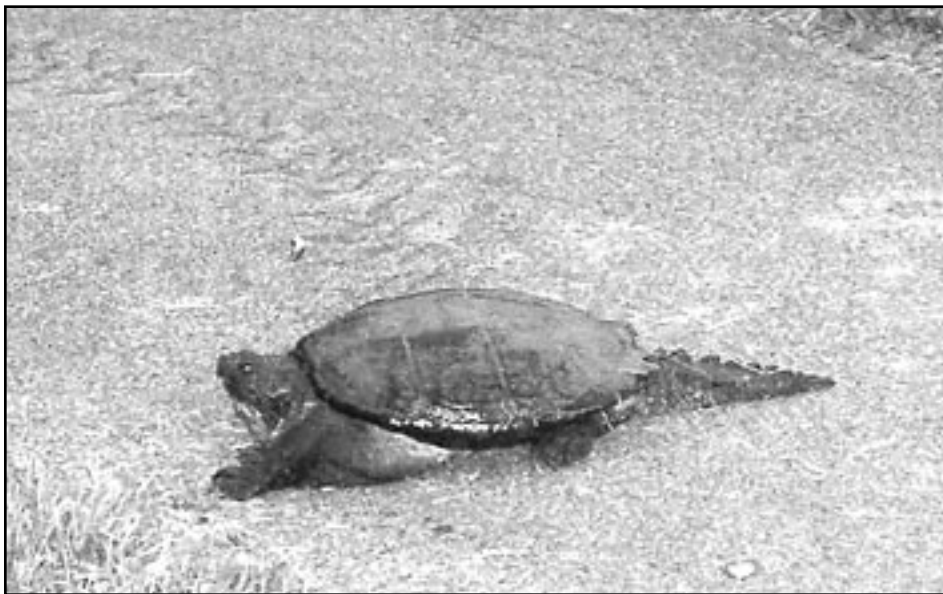
David Denton and baby Nicholas discover their Turtle Bridge together.

tion twenty-three years ago when James J. Whalen, the then President of Ithaca College, Ithaca, New York, welcomed us, the incoming Freshman Class. There, he set the stage for what would become the beginning of an all important journey, and we were fascinated by his tale of the Turtle Bridge. Set deep in the woods near his home in New Hampshire, it became evident that this was no ordinary bridge. Turtle Bridge was an inspiration that offered the ideal environ for tranquility as well as a profound and endless opportunity for intro-

spection. For the incoming class, Turtle Bridge symbolized a treasure worthy of pursuit. President Whalen was confident that we would find our own Turtle Bridge if we were vigilant, listened carefully, remained faithful, and traveled down the right paths along our journey of life.

Since graduating in 1986, the story of Turtle Bridge has resonated in my mind on many occasions; when would it appear, what would it look like, and how would I distinguish my Turtle Bridge from all the other bridges I have crossed throughout my lifetime. With my milestone 20-year reunion just one year away, I have begun to wonder how many Turtle Bridges have been discovered since we embarked on our quest?

As I stood there on that Sunday afternoon, rocking Nicholas back and forth on my newly found Turtle Bridge, I experienced an extraordinary feeling that is hard to explain. This private, peaceful time together offered the opportunity for me to stop and simply be present with my new baby, realizing the greatest gifts in life were right there in front of me. The bridge offered moments of peace during our walks around the lakes and also created a stage for appreciating the contrast, values, and beauty of both old and new.



## Oh, and speaking of turtles...

Harry Lowery snapped this picture one morning at 6:15 when he and George Hatzenbuhler, both from Diamond, were on their early morning walk around the ponds. This turtle was found near the area originally planned as a butterfly garden. Was he looking for *bis* Turtle Bridge?

## STAR

Continued from page 1

Theatre, Georgetown Workshop Theatre, Very Special Arts at Kennedy Center, and the Quotidian Theatre. She has been in seven feature films and has been on television programs on NBC, Fox Network, Public Broadcasting, a Department of Labor piece, and an American Red Cross piece.

Lucy has also done commercials for NARAL, AARP, Chevy Chase Bank, Smyth Jewelers, USPS, Blue Cross/Blue Shield, and others. She is still working when she can find the time.

Her recent move to Asbury has complicated life a bit, but for Lucy Brightman, the show must go on... and it will!

## VILLAGE LIFE

**For the people and BY the people! Yay people!**

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# Public Transportation: How to Get There From Here

By Frank Young, Villas

The August 2003 *Village Life* carried my letter to the editor about my view, as an AMV resident, of the public transportation system here. I have been asked to update it. Guess what? There has been very little change in two years! Here is the original article with 2 or 3 changes.

One of the very significant advantages of living at Asbury is the closeness to a fine public transportation system. You may think, "I don't need one. I drive my car." Well, I am an optimist. I believe that I am going to live a very long time - longer than I should be driving, so I had better become familiar with this public transportation system so when the time comes that I need to give up driving, I will know how to use it.

Jean and I go down to Chevy Chase (at the Maryland/DC line) to a medical specialist. We

simply drive from our Villa over to the bus stop in the Lake Forest Mall just across Odendhal Ave. from Asbury's main entrance. There is ample parking space there. We board either a Route 55 or Route 59 Ride On bus there that is headed south toward Rockville via route 355. The fare we pay there is the Senior Citizen fare of 60 cents (exact change needed). There is reserved seating at front of bus for seniors. It takes us about 15 minutes to get to the Shady Grove metro stop, and there we board the Metro Rail using our Senior Citizen fare card that we purchased at the Gaithersburg Library or at the Metro Center stop. In about 15 minutes after boarding the train, we are at the Friendship Heights Metro station. Our doctor is a short three-minute walk from there. Had we driven, we would have had to pay a hefty sum for parking *and here's another change: a much higher price for gas!*

On our return, before going down the escalator to the train platform at the Friendship Heights station, we get a free pass from a dispensing machine there. We take the train there for Shady Grove. We then go out of the Metro Station toward the 355 side of the station and find our 55 or 59 bus there that is headed North and we use that pass we picked up at the Friendship Heights Station to get on the bus. The return ride on the Ride On Bus is Free!

If we prefer to walk from our residence to the Ride On bus stop, we can get a route 57 bus at the Russell Avenue entrance to Asbury and take a somewhat longer ride to Shady Grove. The fares are the same as quoted above.

More information may be obtained at 240-777-7433 (local call) or by going to [www.montgomerycountymd.gov](http://www.montgomerycountymd.gov). *Here is another change and this is a wonderful Internet site.*

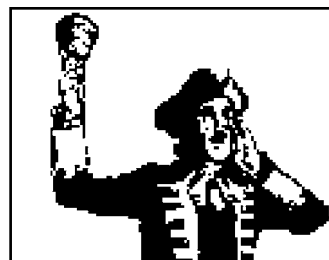
*Evelyn Lohr, Edwards-Fisher*, flew to Colorado May 12 to attend her granddaughter, Jenny Lohr's graduation from Poudre High School. She enjoyed a wonderful visit with her son and his family before returning home May 16.

*Ruth and Ralph Spoor, Edwards-Fisher*, left for Turkey April 27. They visited historical and Biblical sites; some dated back to 12 B.C. They went on a six-day cruise and had a beautiful, extremely large stateroom. They enjoyed eating excellent food throughout the trip. They returned home May 20, and left again June 1 to attend Ralph's 60th Reunion at Drew University and to Airstream from New Jersey through the Northeast, planning to return home in the fall.

*Pat Fowle, Edwards-Fisher*, traveled to Charleston, South Carolina May 25. She attended her granddaughter, Cassie Mear's graduation on May 26 from St. John's Christian Academy in Monchs Corner, South Carolina. On May 28 she attended her grandson, Stephen Parson's graduation from Stratford High School in Goose Creek, South Carolina.

*Charlotte Hoyle, Edwards-Fisher*, went to Dracut, Massachusetts to attend the wedding of her great-nephew, Tristan Hoyle on May 28. After the wedding festivities, she spent several more days sightseeing in the area with family members.

*Luella LeeVee, Edwards-Fisher*, visited a college friend in Traverse City, Michigan May 21 to 25. The highlight of her trip was a Grand Traverse hot air balloon ride. They went up to 3,000 feet for a two hour ride over Lake Michigan and



## Village Life Bits and Pieces

Great Traverse Bay.

In late May, *Ned and Jo Hopper from Building 419* flew to Paris for a ten-day Trafalgar tour of the French Riviera. Highlights included the vineyards of Burgundy, Van Gogh country including the bridge painted by him near Arles, a cruise along the Mediterranean coast, an excursion to mountain-side Monaco and the Monte Carlo casinos. The last day, in Paris again, they ascended the Eiffel Tower and visited Napoleon's tomb.

Graduation time was busy for several *Diamond* residents. *Carol and Scott Brewer* took off for DePauw University where a granddaughter was graduated. Then there were twin grandsons who were graduated from Gonzaga High School. Another grandson was graduated from Springbrook High School...*Marge Geary* went to Westminster, Maryland where her grand niece was graduated from Carroll Christian School. Marge is very proud that this young woman was valedictorian of her class and is planning to go to the United States Coast Guard Academy....It is also almost summertime as evidenced by the number of people going off to their summer places. *Julia Beaty* went by train to visit her daughter and then planned to go on to her family home in the Adirondacks. *Edith Wilkerson* will be spending five weeks in New

Hampshire. *Louise Elliott's* family will be at the family home at Lake Champlain, New York. *Jean and Walt Allen* have a place at St. Michaels in Maryland. Over Memorial Day their daughter Nancy, and her husband Ray, as well as their two sons and their wives were there. On another weekend their son brought their boat back to St. Michaels. He takes care of it through the winter. Their daughter Barbara and her husband Harvey Edward, Jr. (the son of *Vi and Harvey Everett*, also *Diamond* residents) came to be with Jean and Walt...*Ken Jones* is making an 11th trip to Russia, where he helps a mission to build various structures...*Marilynn and Marshall Grotenbuis* recently went to Rochester, New York to attend a shower for one of their twin granddaughters. The wedding is to be July 2nd so they will be going back to Rochester then.

The people who work at the jigsaw table in 417 have been Mod-Podging puzzles and have hung a number of them up in the *Diamond* Exercise room, where they brighten up what used to be blank walls. If you have some place you like decorated, they will be glad to Mod-podge something for your area.

*Mary Mount and Erwin Vogel* had a great time on a trip to Bermuda, which was arranged by *Tom Nikels and Whitney Coe*,

*Trott* with assistance from *Vivian Otto*. There were many other *Asbury* residents on the 7-day cruise, but only *Mary, Erwin, and Vivian* from *Diamond*.

The emphasis on China in the program of the Institute of Current World Affairs at Monmouth University propelled *Bill and Connie Root, Trott* to Long Branch, New Jersey for its annual spring reunion. *Connie's* father, *C. Walter Young*, was the first of nine fellows sent to China by the Institute, beginning in 1931, to research and report on their special Fields of expertise.

On June 7 *Martha Grimm* attended a dinner of the National Legal Aid and Defender Association, where her son *William* was highly honored. Out of the 25,000 lawyers in Legal Aid in this association, *William* was one of the two people who received special awards. *William's* award will come in handy. *William* has dedicated his entire 30-year legal career to protecting the rights of poor children. His lawsuits have resulted in landmarks on behalf of foster children in Maryland, Arkansas, Utah and Washington. In his most recent victory, he obtained a far-reaching settlement against the state of Washington as part of a class action lawsuit on behalf of 3,500 foster children who had been emotionally harmed by repeated moves from one foster home to another. As a result, Washington state is investing an estimated \$50 million in reform for their foster care system.

*(Judy Weaver, Mund; Betty Savage, E-F; Gordon Allen, 419; Marjorie McFarland, Diamond.)*

# Just Be

**W**e are a competitive people. Look at the way we work. Look at the way we play. Advertisements and commercials, often reflections of who are and what we do, tell us that it is important to BE THE FIRST... BE THE BEST... BE THE ONLY. In a land of 280 million plus people, how many can really be THE FIRST... THE BEST... THE ONLY? That would leave the rest of us... most of us... nearly all of us... to muddle through life as second-rate. Now *that's* an encouraging thought!

I don't think it is necessary to BE THE FIRST... BE THE BEST... BE THE ONLY. It makes more sense to me to JUST BE. We are created with an inherent uniqueness. We're not like anybody else. Of course, we share characteristics. We have things in common. Human beings do. Yet, in all that we share in common, there is something that makes us uniquely the individuals we are. If we can identify that something in ourselves- nurture it, honor it,

protect it- then it will not be difficult to JUST BE. We can JUST BE who we are. It will be enough.

And there will be no need to minimize others to make ourselves feel important. There will be no need to step on or over others to claim unique status. There will be no need to sacrifice self for a few moments of fleeting glory. JUST BE. You are special in your own right. JUST BE. It really is enough to set you apart from the crowd.



Martha A. Brown  
Director of Pastoral Care

## Just One of the Family

By Eleanor Fryer, Diamond

**C**oming into a retirement community involves so many changes, some very obvious, some subtly unnoticed. The move in is all-consuming the first weeks, but when the last box is stowed or thrown away, there is time to catch up on all the memoranda that has accumulated, the handbook has hopefully been read and reread, and the dining room, exercise rooms, back, health care, chapels and other vital places have been located. Then, there may have been time to look up old friends, who already live in your retirement home, or to have met your neighbors and made new friends.

If a retirement site is as large as ours, there are many buildings to explore. There are classes to be considered and social activities to plan for and attend. It suddenly has become a very full life if one is interested in the many opportunities offered. There are arts and crafts, woodworking, councils, campus committees, and volunteering tasks to become involved in. There is bingo, bridge, and "chicken foot." There are even mild sports and games.

The days slip into weeks, weeks into months, and months into years. One finally wakes up to the fact that they have lived at, say Asbury, for almost 15 years!

And what do the residents like the most? Well, from what I hear it is the good close friends they have. In fact, there are so many, one cannot keep up with them all. Some are off on trips, some are sick, and some are involved in an active daily life. One begins to find that there are not enough hours in the day! Weeks fly by and then years. Administrations and associates come and go, but the residents have become one big family, whom we care about and help, and whose company we look forward to each day. And, we count our blessings for our good friends.

## Greetings From the Guild!



You don't have to be a member to be a guild greeting card carrier. The Asbury Guild Greeting Card Sale is coming on July 21 in Parker Hall from 2-4 p.m.

Watch for flyers! Cards offered are all new, originally \$1.95 up, to be sold for just fifty cents each! Plan now to stock up.

## Chance Meetings at Asbury A FATE à compli

After enjoying the delightful performance by the young ladies in the string section of the Rosary High School Orchestra of Aurora, Illinois on campus on May 19th, Connie Root, Trott, could hardly wait to greet the director. Having read Mary Beth McCarthy's biographical material in the program, Connie realized there might be a connection to an adjacent town and its college. Indeed, McCarthy's early training in Naperville was at the school of which one of its founders was Connie's great-great grandfather, Augustine Austin Smith from Oberlin College. In fact, she had taken her first class in the Smith Memorial room at what is now North Central College.

### "Honey, I Shrunk the World!"



Hoover Rupert is the subject of this chance meeting.

It really is a "small, small world!" About 1992, when Senator Jennie Forehand, began her 6 years of service on the Board of Asbury Village, she recognized a name on the list of residents — someone she had met years before. In her high school and college days (in Charlotte and Chapel Hill), Jennie was an officer of the Youth Division of the Western North Carolina Methodist Conference. On October 1, 1955, the new Charlotte Coliseum was being dedicated, and one of the opening events was "YOUTH NIGHT" of the Western North Carolina Conference" sponsored by the Conference Methodist Youth Fellowship. It was a major event for that time, and young people came from all over west-

ern North Carolina. And who was the enthusiastic and inspiring speaker? HOOVER RUPERT! And who introduced him? JENNIE MEADOR (Forehand). Small world that 50 years later, Hoover and Jennie are friends in Maryland!

### WANTED WANTED WANTED WANTED

**Wanted:** Intellectually curious individuals to peruse, study and enjoy the health and cultural arts collection in the Resource Library, located in the Rosborough Center.

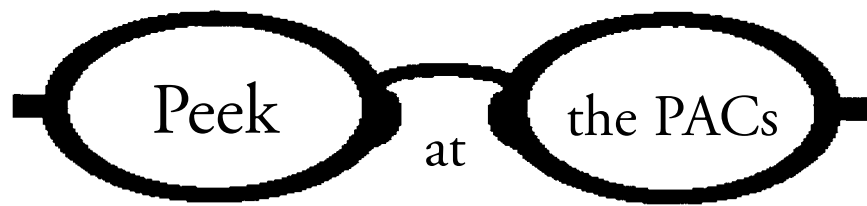
**Note:** The Resource Library will be open in the summer on Wednesday afternoons from 2:00 to 4:00 p.m. Volunteers from the Cultural Arts PAC on duty: Kate Dudley, Dorothy McCutcheon, Eileen Rabson and Jo Yount.

# Sound the Trumpets! It's Here! It's Really Here

It was a long time a-coming, but it's now for real. No more difficult decisions: Americana plan, or Bistro, or what was the other one? Standard? Already forgotten, too cumbersome and confusing to remember, the old POS system is on the way out the door. On August 1, AMV will introduce the new, simplified meal plan.

The announcement came in a letter from President and Executive Director David Denton, which, along with a brochure, outlined the new plan.

At the June meeting of the Dining and Nutrition Services PAC, Campus



By Jeanne North, Trott

Dining Director Andrew Lindquist took questions from PAC members on just how the new system will function and explained some of the major points: overhead charges will be included in the monthly fee; the charge of 4.80 points per meal will cover cost of the food only; residents can use their points

in any dining venue: Hefner, Crawford, the Russell Cafe, the Shoppe, Park View (when it opens); meal points cannot be carried over from one month to the next; off-campus guests and residents of Park View and the Villas will pay 7.50 per meal, to cover overhead costs; there will be no half portions; meal

credits left over? use them at any of the dining sites (lunch?), for Market Specials (lobster, filet mignon, crab cakes, Surf and Turf Petite Filet Mignon with Lobster tail), or in the Shoppe, where you can order frozen cakes, pies, meat for personal use or to give as gifts to family, friends or associates.

Still have questions? Come to an informational meeting: Monday, July 18, 9-11:30 a.m. in Parker Hall, 12:30-3:00 p.m. in Hefner Auditorium Friday, July 22, 9-11:30 a.m. in Hefner Auditorium, 12:30 -3:00 p.m. in Parker Hall.



Nancy Hawes provided cheerful piano accompaniment to the art demonstrations. (And did you know it's Nancy who plays the piano on the "Asbury View" opening song "Sunny Side of the Street?")

## Arts Wrap-up

With the pleasant, rippling sound of old familiar piano melodies in the background, visitors to the Arts and Crafts Exhibit on May 5 strolled through the Hefner Auditorium to admire the handiwork displayed there and see how artists actually worked at their craft.

Organized by the Cultural Arts PAC, the show put together the 107 works of 43 Asbury residents in celebration of Older Americans' Month. (See the May/June issue for the list of contributing artists.) Nancy Hawes, Trott resident, provided the delightful background music.



Listening to Carol Cade (center) explain the intricate steps of paper-making: were Mary Jane Dillon, Frances Johnson, and Virginia Odor

## Keese Turns Over the Keys

By Winston Taylor, Mund

New leadership to take over Asbury's Keese School of Continuing Education for its 28th year was installed at the end of the school's 2004-2005 year. Leona Bachrach, former dean, will be the President, succeeding Mary Waldron, who completed her three year maximum term.



Photo: Tom Wilkinson

l. to r. Warren Berning, Andrew Applegate, Mary Waldon (front), Ray Stephens (back), Floyd Mauer, Mayor Katz

Other top officials will be Keith Steele, Vice President; Warren Berning, continuing as Dean; Floyd Mauer, Associate Dean; Alice Smith, Secretary; Gerald Harwood, Treasurer; Parker Doman, Associate Treasurer; Martha Brown, Administrative Consultant; Homé Reitwiesner, continuing as Registrar.

The board of directors presented its annual awards to members of the dining room's wait staff-\$1000 each to Dean Bowen and Amanda Lopez of Crawford; Daphne Johnson and Rakeye Williams of Hefner; Borders books certificates to Alicia Lopez, Yesenia Garay and Mary Vargas of Crawford; Amanda Guerrero, Sarah Kabba, Nicole Robinson and Joseph Stoddard of Hefner.

The board's annual year-end celebration included laudatory comments from Andrew Applegate, Administrator of Apartments and Villas; Sidney Katz, Mayor of Gaithersburg; and Dr. Ray Stephens, retired Director of Chaplain Services and long-time associate of the Keese programs.

**O**n May 5, 2005, The Department of Health and Human Services was notified of a virus on Asbury's campus. Always keeping the safety of the residents foremost in mind, the Asbury administration worked very closely with the Department of Health and Human Services, providing information for tracking purposes. Guidelines were followed for care, and Care Management was on 24 hour alert for nursing visits and "care and comfort" measures. Care Management maintained a list of affected residents along with symptoms and beginning and end dates of symptoms. Administration came in over the weekend to help out with any issues that arose. The quarantine of the campus was in the interest of keeping the virus from spreading to the WHCC and Kindley building, as well as to limit contact with infected residents to the healthy population. Housekeeping

- Cancelled all resident housekeeping services for that week in the Apartments and Villas.
- Thoroughly cleaned and sanitized Crawford and Hefner Dining Rooms, including the tables and chairs.
- Thoroughly cleaned and sanitized all public restrooms, some up to three times a day.
- Thoroughly cleaned and sanitized all common areas, including elevators and elevator buttons, hallways, hand rails, and doorknobs.
- Thoroughly cleaned and sanitized The Shoppe, including tables and chairs.
- Thoroughly cleaned and sanitized Rosborough Center including the Fitness Center, restrooms, theater, hallways, handrails, etc.
- The Kindley, WHCC and Admin staff also performed extra cleaning and sanitizing in their buildings.

The Department of Health lifted the precautions on May 12th. Regular activities resumed on the 13th. Whew! Congratulations to all residents for their cooperation and staff for the extra efforts made on behalf of the residents. What follows is one resident's report on the week of....



By Paula Strain, Edwards-Fisher

**I**t was only a few minutes after I came out from under the dryer that I heard the rumors. No shopping bus today (there were several people already waiting when I left for the beauty shop). No dining room service tonight and maybe not for the rest of the week (the memo in the campus mail last night hinted at something like that, but not for five days).

As I paid my beauty operator, I told her I would stop at the Apartment Center and find out from Mary Church exactly what the situation was—what definitive word had come from administration. Well, the rumors were somewhat right. No dining room service for two days; no meetings or classes or other group gatherings (official, that is). Instead, individual dinners would be delivered to each apartment

Half an hour later I came downstairs to ask the receptionist to help me find a phone number I needed to call (no free directory service for the blind is available via 411 anymore). There were several residents chatting in the lobby about the situation and its effect on us.

I ordered my dinner by phone later and asked for it to be delivered whenever convenient. It came at about 5 p.m. in a big white shopping bag. There were two cartons of liquids, one soup and the other cold juice,

and a three-part container with a sandwich and a banana. The delivery man had one other bag which he took up the hall.

Door to door service!

On the way back from my morning walk around the ponds on Wednesday, I stopped at The Shoppe to pick up orange juice for breakfast. It was closed, so I went to pick up the campus mail at the Apartment Center. I learned there would be no shopping shuttles, so I would have to walk to Safeway, hoping my white cane would stop those drivers who ignore pedestrians. I said this aloud and it was probably overheard, because it was soon after I got to my apartment that I got a phone call. "I'm going to Rockville for lunch and am getting some things for Willa. Can I get something for you as well?"

Neighbors taking care of neighbors!

Dinner Wednesday night was the same shopping bag of items—clear broth, juice, a banana and a sandwich. Again, delivered to my apartment.

Oh, yes. About 3 on Wednesday afternoon I got a call from Care Management asking how I was doing. Did I need help?

Thursday in the dining room, after the quarantine was lifted, dinner included vegetables and a green salad that was better than the ones I can make at the salad bar.

Back to normal after an interesting few days.

**T**he first weekend of June at Asbury was a very busy one. Two dedications and two receptions rocked the campus. On Friday, June 3, the Sensory Garden at the Wilson Health Care Center was opened from 2:00 p.m. to 4:00 p.m. with the dedication at 2:30 p.m. This reporter arrived in a drizzle of rain a few minutes after the reception began and found the community room by the gar-



The Sensory Garden, sponsored by The Foundation, provides peace, tranquility, and a safe environment for exploring a garden.

## Asbury Happenings

den already filled with residents. I slipped outside to view the garden and the drizzle obligingly stopped.

The garden has a solid floor to accommodate walkers and wheelchairs with very little grass to be tended. Flowers and bushes to attract butterflies are being planted. Some of these may have been transplanted from the butterfly garden near the ponds that resident volunteers have been unable to maintain.

There is a waterfall, fountain and pond; a bird feeder is mounted higher up the wall and another will be placed at eye level. Benches provide plenty of seating. Flower boxes will provide color for now. A wrought iron fence provides security for those residents utilizing this lovely space. Entrance to the gardens in from the Health Care Center.

Want to know more about all the accomplishments of The Asbury Foundation? You read it

here first! Foundation is pleased to announce activation of its new web site, [www.theasburyfoundation.org](http://www.theasburyfoundation.org). Log on and learn more about their mission to serve the residents of Asbury communities and to read the answers to your frequently asked questions about Asbury Foundation. The web site includes contact information for foundation staff members as well as excellent, professional, financial planning information.

Tuesday, June 7, saw the dedication of the piano lounge in Edwards-Fisher to the memory of Dr. John McLaughlin. The E-F residents petitioned for the naming of the room, and the request

was approved. John was one of the first group of residents in the building and a co-founder of the Keese School of Education, organized some 26 years ago. Dr. McLaughlin was an active participant in all phases of Asbury life, right up to his passing this past January, just months short of his 100th birthday.

(Paula Strain, Edwards-Fisher)



At the Dedication of the piano lounge in Edwards-Fisher, honoring Dr. John McLaughlin, his son, Mr. Richard McLaughlin, granddaughter-in-law, Mrs. Angela Shealy, daughter-in-law Mrs. Emily McLaughling, and President of the Foundation, Mr. Douglas Myers were there to celebrate.

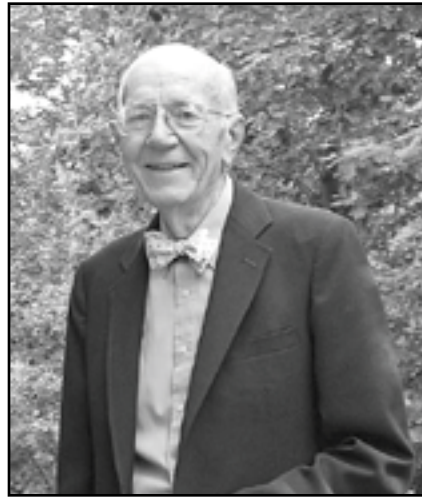
By Reg Westlake, Villas

**V**illage Life would look very plain but for its talented group of volunteer photographers. Many of the pictures are taken by Tom Wilkinson. They include new residents, events, groups, gatherings, in fact Asbury life in general. Thanks to the magic of digital photography they go from his camera to Editor Linda's computer and, after insertion in the layout of the paper, to the printer. His work for *Village Life* began soon after he and his wife Bernice came to live in the Villas in 1997.

Tom's interest in photography started in his college days, doing his own developing, printing and enlarging of black and white film in the darkroom, attending exhibitions and studying composition. Tom's excellence at composition is shown in his *Village Life* pictures. Each photo, whether of a person or a scene, is carefully composed so that nothing extraneous appears in the background — A case of the art that conceals art.

Tom carries on his family's tradition of being good singers and has a good bass voice. He is a member of the Gaithersburg Chorus and of Asbury's choir, singing at the Sunday services. Yet another of his activities at Asbury is gardening, where he works a couple of plots.

But it is genealogy that has absorbed much of his time in recent years and his magnum opus



**Tom Wilkinson –  
Photographer  
and More**

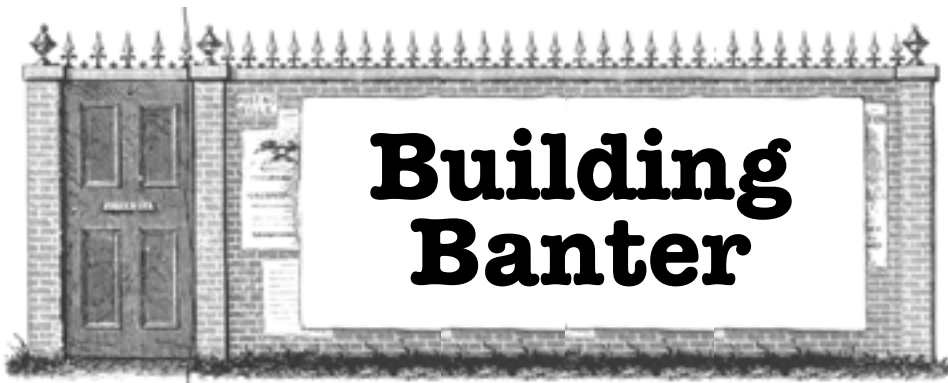
is a history of the Wilkinson family back to an earlier Thomas Wilkinson who lived from 1738 to 1812. Tom has had it printed in a 160 page volume and it is very professional in style. It goes up to 1988 and lists 235 descendants of that earlier Thomas for 9 generations, and also embraces the ancestry of spouses. The family's roots are in Northern England, in Bradford and

York. Today's Tom's research has taken him and Bernice to England several times to investigate parish records and contact families, and to families here in the U.S. who have descended from the original Thomas. What is so impressive about the work is not just the list of names and dates but the family stories of many members in the history. Genealogy is always complete but never finished, and, true to that maxim, Tom's research continues.

Back in May 2004 Tom appeared on AVTV in the program on residents' experiences during World War II. The video of this program later was featured in the exhibit in Lake Forest Mall at the time of the opening of the World War II Memorial on the Mall. Tom described his service as a radio operator in the Air Force from 1943 to 1946, in which he was sent to Burma where he served time at a station on a mountaintop working to aircraft flying over the "Hump" from Burma into China. His two years in Burma were a colorful experience, to say the least.

Postwar his career was in Industrial Chemistry and Industrial Hygiene, in industry and academia (Harvard), eventually finishing up at NIH until his retirement.

Genealogy, singing, photography, gardening (and a bit of tennis) — Tom Wilkinson is a very busy man.



### Party Time At Trott

**For Trott Newcomers, A Treat from The Toe-Tapping Tootsies And A Sentimental Singer**

Residents of the Trott building welcomed eight new residents at a grand party on Saturday, May 14 with a program of entertainment both lively and lovely. As guests gathered, Nancy Hawes provided background music at the piano. Then, after a welcome and introduction by Trott Resident Council Chair Rev. Harold Lanman, Hospitality Chair Mickey Martin introduced each of the eight new residents: Zandra Sperling, James Newton, Paul Zilch, Mildred Galvin, Helen Deardorff, Jean Waters, Beatrice Barnett and Dr. Robert Hartman.

The highlight of the morning was the performance of "Singing in the Rain" and "Alley Cats" by the troupe of Toe-Tapping Tootsies in full regalia. Tap dancers were Betty Goen, Joanna Davis, Dottie Farrell, Ginny Hawke, Cathy Hugh, Sara Lucas, Phyllis Laumaillet, Nadine Maddox, Joan Muller, Anne Porter, Phyllis Robb, Mary Waldron, Virginia Williams and Marguerite Wilson.

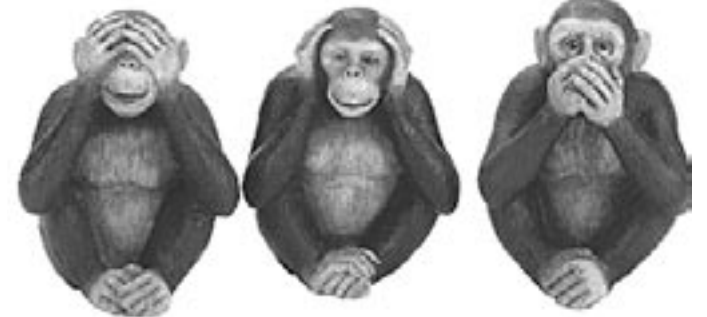
Then the robust voice of Ralph Wilbur joined with skilled pianist Marie Hoffman in three songs, "Jeannine, I Dream of Lilac Time," the playful "Bill Grogan's Goat," and the Louis Armstrong special, "What A Wonderful World."

Refreshments and good fellowship concluded the joyful occasion.

### And A Bon Voyage Party for Tillie Sugg

The day before Matilda Sugg left Asbury for California, friends feted her with a Bon Voyage party in the Trott parlor. After spending five years in Trott 209, Tillie moved to Kindley last fall, where she suffered a fall that sent her first to the hospital and then to Wilson Health Care Center. To be with family, she decided to move to California to be with her daughter Ellen.

Known for her prowess as a bridge player, her love of music and bright pleasant company, Tillie will be missed on campus. Many of her friends stopped by the Trott parlor on May 23 to wish her well.



### "We Never Heard About This!"

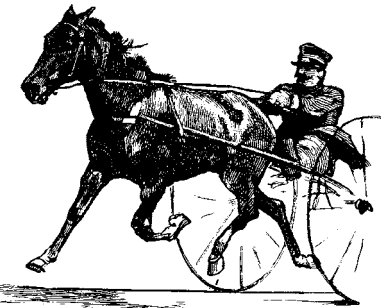
"We didn't see the flyers on the bulletin boards."

"We didn't see it on TV—on the Scroll or on Asbury View in Bettina Curtis's Asbury Happenings segment."

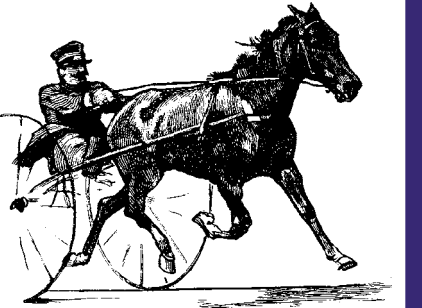
"We didn't hear the announcement in the dining rooms."

It takes a certain amount of effort to schedule performers, book the venues, fill out set-up forms, produce and post flyers, add it to the scroll and to Bettina Curtis's calendar, and arrange for people to make dining room announcements. So, the question is: What else can the Community and Public Relations Department do to make sure you are in the know about events happening on campus?

Your suggestions for improving the communications regarding special events and entertainment on campus are welcome. Please help us to help those who aren't getting the entertainment news. Send your suggestions through Campus Mail to Alexis McKenzie in the Administration Building.



# Asburyites Packed and Ready to GO!



## Cape May, A Summer Retreat

By Winston Taylor, Trott

What do you expect when you look around at a street full of houses with strange colors and strange shapes? It helps to remember that you're in Cape May, New Jersey, where some 40 Asbury residents and friends traveled in April.

We went one if by land, two if by sea and three if by stomach, to see a town that has gone up and down over three centuries and carries a charm that is bound to last a few more. Those of us who had not been there before were amazed by the variety of architectural styles and the splendid palette of colors that characterized the Cape May buildings.

It was not only an unusual scene we witnessed, but educational as well, through tours of old and new buildings, a tour of what happens (minus the smell) at the fisherman's wharf, period homes full of antiques, and an overview of how wines are today processed from vines to bottles.

Of course there were disappointments—no tour would be complete without some, but they were minor and easily overcome—the bus whose batteries went dead, the misty rain that sort of blocked the views from a boat tour around the peninsula, the slowdown on the return trip when a couple of accidents on the other side of the road blocked traffic for some distance. And a tour around the peninsula disclosed no whales or dolphins, though they are reported to be frequent visitors. But the travelers were in good hands under the guidance of Vivian Otto for the Asbury Travel Committee and the bus driver Bill

Thompson.

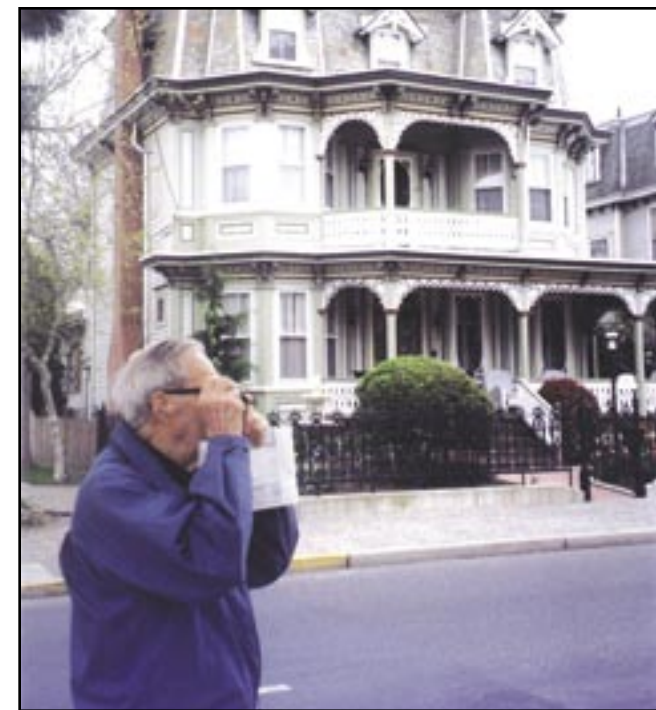
Cape May, on the southern tip of New Jersey, has been through nor'easters and through devastating fire.

It was an early summer retreat for people from places like Baltimore and Philadelphia railroad used to run directly there. Its most spectacular growth came after a fire swept away most of the buildings, though more than 600 originals remain. The homes early settlers built for their families and for guests readily adapted to today's bed-and-breakfasts.

Many of the homes, either private or for visitors, are in traditional Victorian styles, with "gingerbread" and domes and turrets soaring into the sky. But nearly every genre of American architecture is on view. That includes many from the 1870-80s period, which could be likened to the tract homes of a century later, but all multi-storied, shingled and with an identical front porch on each, so neighbors could keep an eye on each other. One characteristic that catches attention is the wide variety of colors—pink, purple, green, yellow, and on—that has come into fashion largely within the past generation. It might remind us of the vistas in the Caribbean or New England.

At the edge of the Atlantic Ocean, it has experienced change through the nation's wars and ocean dangers. It has a long-standing Coast Guard lifesaving station, had a tower from which enemy naval action could be seen. It has also hosted Navy and Coast Guard training programs.

So much to see in so little time, but Cape May was as charming as ever, even more so!



Allen Coale, Trott photographs Winston Taylor, Trott, photographing a Cape May house.



Photo: Tom Wilkinson

## Bermuda; The Trip that Almost Wasn't

By Genevieve Wimsatt, 419

As mid-May 2005 approached, the excitement of Asbury residents planning to take the Norwegian Line's cruise to Bermuda from Philadelphia mounted rapidly. Then fate intervened. An intestinal virus spread among Asbury residents sending a number of them to bed.

Thanks to the excellent handling of the situation by Asbury officials, the epidemic was largely under control by May 15th, the sailing date. A factor in the success was the frequent hand washing and application of sanitizing lotions demanded of all residents by the Administration. Those ugly little bottles of lotion on the dining room tables did their job and cruise plans proceeded.

Spirits of passengers on the Eyre bus bound for the Philadelphia steamship docks that Sunday morning were high. Relief that we were actually under way in spite of the uncertainties of the previous week, and anticipation of boarding the handsome ship "Crown" were major factors. Looming large also was the promise of a fine meal in any of six dining rooms as soon as the ship sailed.

On board, but still in a sanitizing mode, we scrubbed our hands before proceeding to the 'Seven Seas' restaurant. There we discovered that the ship's administration was far ahead of us. At the entrance, the hostess greeted us most cordially and then pointed to a handsome glass ball on a stand. Pass your hands under the ball and out come drops of a sanitiz-

ing lotion to be rubbed on your palms. No more little bottles on dinner tables for us! Perhaps the accolade to fine cruises now should be: "They are SO sanitizing."

This cruise, organized by Tom Nickels and Whitney Coe of Edwards-Fisher, was notable for its wide variety of shore excursions. Passengers could choose the size of carriages and the color of horses they preferred for land tours. There were glass bottomed boats and kayaks; snorkeling, scuba diving, sailing, and reef fishing day or night. On the quieter side were candle light walks and champagne cruises. And, of course, shopping was a main attraction in St. George's and Hamilton, whether at small stalls of interesting native products or at smart boutiques.

A highlight of the week was the ferry boat trip across the harbor to King's Wharf, which is now a tourist area, but in revolutionary times had been a major Atlantic bastion of the British Navy. From previous visits Tom and Whitney were familiar with the fascinating structures and history associated with the Royal Naval dock yard. They arranged to have a docent meet and have lunch at the Frog and Onion.

Frances Smith, the docent was not only knowledgeable but an enthusiastic and delightful speaker.

Fate continued to be kind and all travelers arrived back in Philadelphia hale and hearty. As Vivian Otto pointed out this was a record for 29 "oldsters."

## A Nostalgic Trip Home to The Netherlands

By Genevieve Wimsatt, Building 419

Catharina (Mieke) Mehlman of Building 419, recently paid a joyous visit to the city of her birth, Rotterdam in The Netherlands, and to Chateaufeu in the South of France. The trip became a zestful reunion. Friends and relatives from several generations, eager to show off their country took, her not only to places associated with her early life there but also to places of importance in Rotterdam's current development. The hosts were also interested in learning first hand about what is going on in the U.S.A.

Rotterdam had been partially flattened by German bombs in 1940. Life became precarious during the rebuilding years.

In August 1952, Mieke came to New York City by way of Halifax, Nova Scotia. An accomplished linguist -speaking Dutch, German, French and English- she soon started on a job. Her work with Exchange students and academic groups subsequently brought her to Washington, D.C. Here she was employed at the Netherlands embassy until her retirement in 1956.

She had married a biochemist at the Walter Reed Institute of research in 1955 and the couple had two sons. They came to Asbury in 1999 but Ben died in 2004.

"Tis said that you can't go home again." In Mieke's case, 'home' had been destroyed. In its place rose a modern city complete with skyscrapers and other technological wonders, automobiles and traffic, higher density patterns for human habitats, and environmental problems. Like other modern cities? Yes, but with a difference.

The same human traits, which over the centuries had made Rotterdam a pleasant

place to live, as well as a profitable trade center, seem to have persisted.

In the city Mieke found a lush canopy of trees. Along the streets and in the many public parks greenery has been carefully coaxed into maturity from the rubble of wars. Museums, libraries and concert halls abound and buildings, both private and public are geared to human scale. Most importantly the time honored

custom of 'visiting' is still flourishing.

In the Chateaufeu region in the South of France, Mieke again enjoyed the many benefits of visiting a close relative. The area is noted for its magnificent scenery and good food. The hospitable host made sure that she had the best of both. Perhaps this is as close as one can be to 'going home again'.

## Travel and Theater Committee Trips and Tours Scheduled for 2005

Date	Event	Contact
July 9	Olney Theatre "La Tragedie de Carmen"	Allen x6660
July 20	Dutch Apple Theatre, Lancaster, PA "Oklahoma"	Briggs x6662
July 28	AAHSA Art Exhibit/Lunch	Allen x6660
August 6	Kennedy Center "Hairspray"	Noto x5242
Sept. 14	St. Michael's Day Trip	Noto x5242
Sept. 16-Oct. 3	Mississippi River Cruise	Otto x5299
Sept. 20	Strathmore A tour and tea	Allen x6660
<b>Future Trips</b>		
October 9-14	Sedona, Arizona	Otto x5299
October 22	Olney Theatre "Morning's at Seven"	Allen x6660
Nov. 9-11	New York City Radio City, United Nations, River Cruise, "Wicked"	Otto x5299
Dec. 3	Olney Theatre "Oliver"	Allen x6660



# A Spirit-Filled Life, with Artistic Flourishes: Sally Dunning Schear

By Jeanne North, Trott

At Miss Chandor's School on the Upper East Side of New York City, Sarah Dunning Schear made her mark as a leader. Editor of the school yearbook, "The Torch," in 1929, the year she graduated, and president of the school Athletic Association, Sally Schear early on showed the breadth of her interests and accomplishments.

Accompanying the opening editorial of "The Torch" was her own hand-drawn illustration of the Genealogical Tree of the English Speaking Peoples, which when taken with the editorial reveals the young author's awareness of history, the value she placed on women's education, her humanitarian Quaker heritage and the ecumenical outlook that would become the hallmark of her life. "Her studies are leading her to believe in the brotherhood of nations," she writes of the American girl. "Knowledge is giving her a broad outlook."

Finally, she concludes, "Surely the days in which we discover for the first time the great treasures of the English language should be counted amongst the happiest of our lives. We are used to thinking of school as a preparation for life; why should we not think of it, as well, as an important part of life?"

Having read that, it is no surprise to learn that Sally Dunning went on to higher education, first at Sarah Lawrence, then at Swarthmore, then at Columbia University, where she earned a Ph.D. in the Psychology of Religion. Along the way she taught violin and orchestra at Union Settlement in East Harlem, New York City, church school classes at All Souls Unitarian church at 80th and Lexington Ave. on NYC's Upper East Side, art at the NYC's Riverside Church day



Photo: Celia Nathan

A Schear delight to know

school, teacher-training courses under NYC's Protestant Council and was Director of Religious Education at United Methodist Church in Belmont, Massachusetts, to name but a few of her work experiences.

Married to the Rev. Lloyd B. Schear, a Methodist minister, in 1952, Sally Schear bore him two sons, James and Hiram. After her husband's death a short 13 years later, Sally made her own way with her boys, living in Massachusetts until coming to Asbury's Home in 1997. When the Home closed and residents dispersed to various buildings on campus, Sally moved to Kindley.

Sally's editorial interests have never flagged, and she prides herself on continuing to be a member of the *Village Life* staff. The next time you see Sally, ask to see some of the memo-

rabilia in her Kindley apartment, which chart the voyage of her life. It is a journey filled with imagination and creativity and spirit.

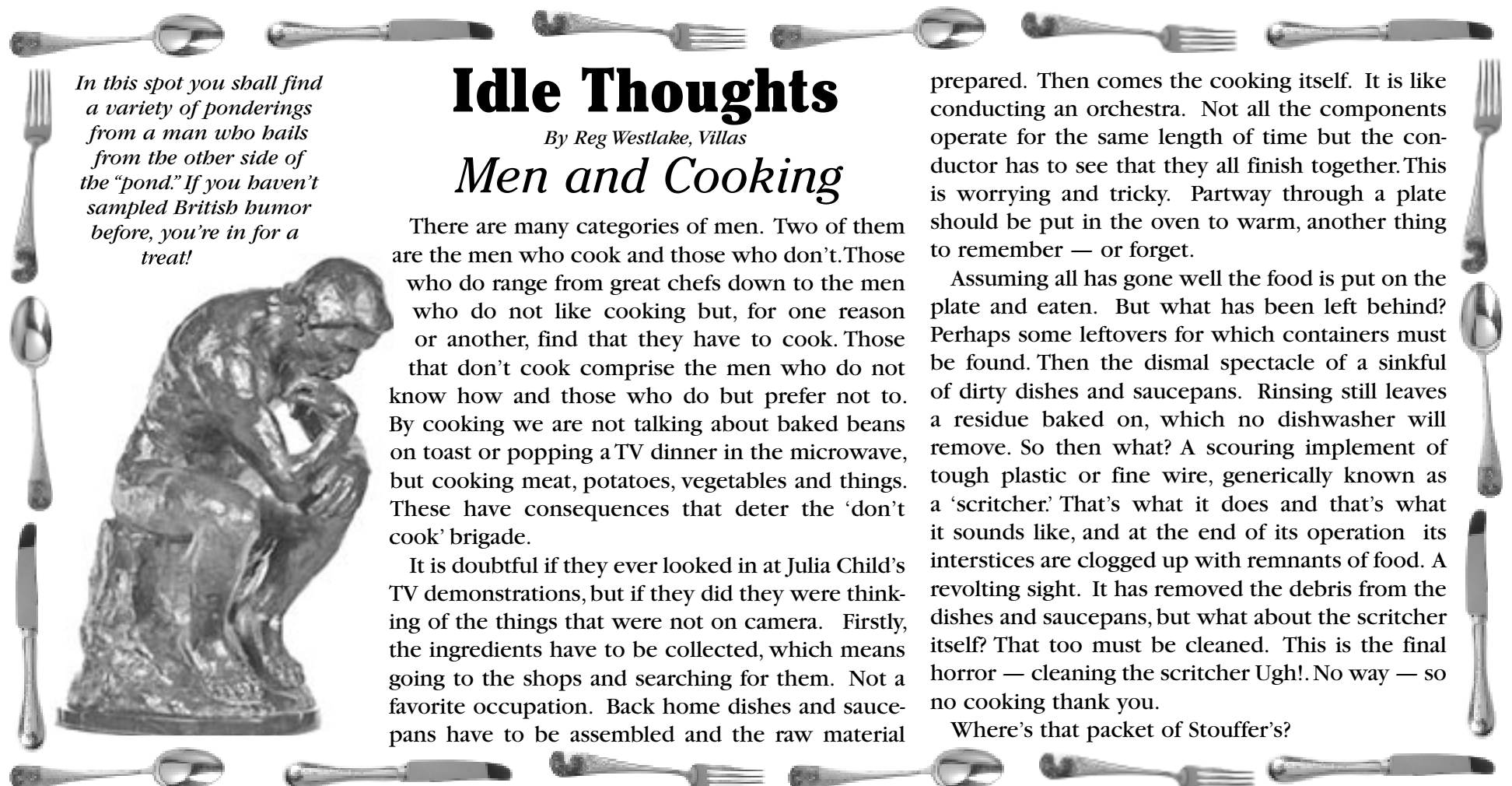
She might tell you of how she, like her father, loved to draw, and how when possible the two of them would go out together with art materials to pursue their common pastime. Her father, William Bailey Dunning, a dentist and founder of Columbia University's school of dentistry, put together "A Dictionary of Dental Science and Art," published in 1936 by P. Blakiston's Son & Co., Inc.

In addition, she says, "Father wrote poetry and painted, and my husband insisted that he publish a book of his poems and paintings of Cape Cod." Called 'In the Afternoon,' it was published privately in Albany by Argus Press in 1954.

She might also tell you of how she and her siblings would waken to Beethoven being played on the piano by their mother, who taught piano at a school in New York City. Sally herself took up violin and later taught that instrument as well as choir.

She might also show you the family genealogy, which purports to trace the family lineage to none other than Charles Martel and Charlemagne. Whether verifiable or not, it is a grand tale and perhaps explains some of the drive for excellence and achievement that have crowned Sally's life, though her hesitance to claim that heritage may have more to do with her humanitarian yearnings than with disbelief in the veracity of the claim.

Like all residents of Asbury who reach their 90s, Sally has fascinating tales to tell. We who come after these venerable colleagues can only admire their love of life and the tenacity with which they hold it dear. We salute them all.



In this spot you shall find a variety of ponderings from a man who hails from the other side of the "pond." If you haven't sampled British humor before, you're in for a treat!

## Idle Thoughts

By Reg Westlake, Villas

### Men and Cooking

There are many categories of men. Two of them are the men who cook and those who don't. Those who do range from great chefs down to the men who do not like cooking but, for one reason or another, find that they have to cook. Those that don't cook comprise the men who do not know how and those who do but prefer not to. By cooking we are not talking about baked beans on toast or popping a TV dinner in the microwave, but cooking meat, potatoes, vegetables and things. These have consequences that deter the 'don't cook' brigade.

It is doubtful if they ever looked in at Julia Child's TV demonstrations, but if they did they were thinking of the things that were not on camera. Firstly, the ingredients have to be collected, which means going to the shops and searching for them. Not a favorite occupation. Back home dishes and saucepans have to be assembled and the raw material

prepared. Then comes the cooking itself. It is like conducting an orchestra. Not all the components operate for the same length of time but the conductor has to see that they all finish together. This is worrying and tricky. Partway through a plate should be put in the oven to warm, another thing to remember — or forget.

Assuming all has gone well the food is put on the plate and eaten. But what has been left behind? Perhaps some leftovers for which containers must be found. Then the dismal spectacle of a sinkful of dirty dishes and saucepans. Rinsing still leaves a residue baked on, which no dishwasher will remove. So then what? A scouring implement of tough plastic or fine wire, generically known as a 'scritchier.' That's what it does and that's what it sounds like, and at the end of its operation its interstices are clogged up with remnants of food. A revolting sight. It has removed the debris from the dishes and saucepans, but what about the scritchier itself? That too must be cleaned. This is the final horror — cleaning the scritchier Ugh!. No way — so no cooking thank you.

Where's that packet of Stouffer's?

# Bells Are Ringing

By Joan Dunlop, Edwards-Fisher

The Asbury Ringers played for a capacity audience at Parker Hall on April 22nd. The varied program, consisting of beautiful hand bell arrangements went from musically complex to hauntingly simple melodies ending in a clever rendition of Noah and the Ark, narrated by Ralph Wilbur and underscored by the bells.

The ringers: Mary Anderson, Mary Fay Hoover, Mary Ann LeGas-



Photo: Tom Wilkinson

The bells are ringing for you and your gal and guy and everyone else!

sie, Roger LeGassie, Eleanor Munch (substituting for Marie Hoffman), Ann Porter, Homé Reitwiesner, Harriet Renison, Alice Smith, Liz Van Billiard, and Betty Wilbur were led by director Jan Rex. Jan gave the listeners not only a brief background of each piece of music, but an informative history of hand bells. After the well deserved and enthusiastic applause the evening ended with an invitation to meet the ringers, inspect the bells and see how this special gift of music is shared.



## Czech This Out!

At the recent celebration of the 60th Anniversary of the liberation of the city of Pilsen in the Czech Republic, by Ken Jones's 16th Armored Division in May, 1945, Ken and a few other soldiers were honored with a 6-day event. They were chauffeured in preserved 1945 U.S. Jeeps and were given the Czech Medal of Freedom by the President of the Czech Republic. More than 100,000 people turned out for the two-hour parade.



# Campus Casino



By Jeanne North, Trott

Who'd 've think it? Gambling at Asbury? Well, not really. Just an innocent Bingo game. Very simple rules that most residents remember from earlier days, but at Asbury, players pay \$1 per card to play. The best part, says caller Dick Hynson of Diamond, "Whatever money we take in is given back to players."

On the third Friday of June, at 7:30 p.m., two dozen players gathered around long tables in the Arts & Crafts Room (on the lower level of Diamond, near the Wood Shop).



Photo: Gordon Allen

Dick Hynson, Barbara Tenenbaum, and Reba Swain bet Bingo will be a hit!

The new activity (actually an old one, revived by Reba Swain with help from Jack Scott and Dick Hynson) will continue on the first and third Fridays of each month as long as people show up. In the very second game, Hazel Velhuis and Wolcott Camp each won \$3.00. Dick Hynson's booming voice made him an admirable caller, and Barbara Tenenbaum, coolly efficient yet charming, officiated as Keeper of the Cash and General Administrator.

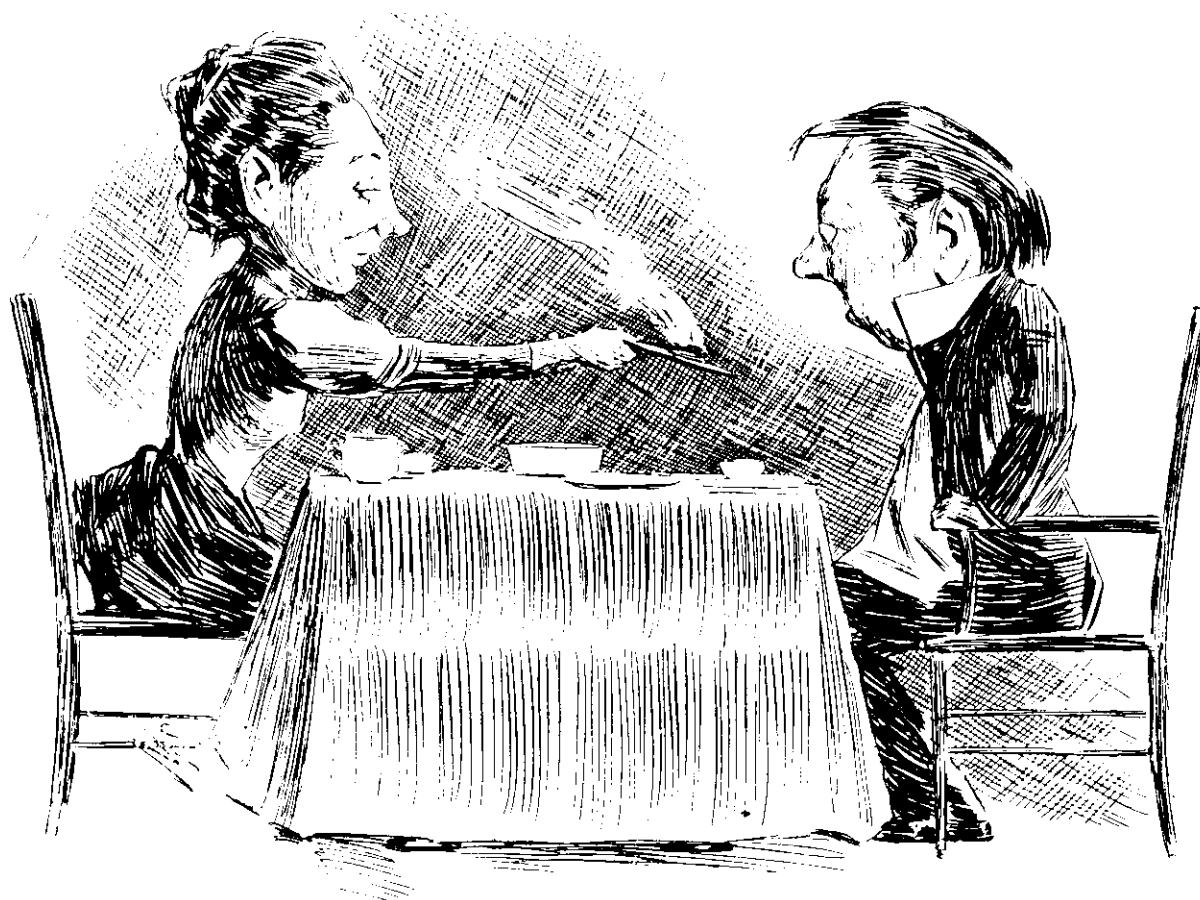
Come and play!

# Guild Gleanings

Jean Hubbell, Guild Reporter

**R**ecipes and Reminiscences. Back in 1988 Asbury Home (soon to be Park View Apartments) was a flourishing beehive of activity and interaction with Guild members from all over Maryland, D.C. and a bit of W. Virginia. One of these “bees” was Home resident Mrs. Edith Northrop who came up with the idea of a recipe book with submissions by the residents. The result was *Recipes and Reminiscences*, definitely not your usual cookbook.

This one features favorites from members of the Home Family at that time plus some supplemental pages from 1990. Included with the recipes are comments by the residents about the occasion for the recipe, and in the back of the book is a biographical section on the participants. One of the best known, perhaps, is Mrs. Herman Wilson whose icebox cookies started a family Christmas tradition in 1927. Crab recipes are popular. Rev. Bernard Fogle, known as a gourmet cook, submitted quite a few recipes for the book including one for crab critter fritters. Another prolific contributor was Mrs. Lillian Van Zandt with a crab imperial recipe among many other categories. Many, many familiar names are there, but even if the participants



are not known to subsequent residents, the stories are fun to read.

A favorite is Lee Fencil's Rattlesnake. Mr. Fencil was well known as a “character” at the Home, a former Penn State cheerleader and full of vim and vigor all these years later. When the team soliciting recipes asked him for a favorite, he came up with Rattlesnake thinking he would rattle us and when we took him up on it, he wrote to authorities in Pennsylvania and provided information on preparation of rattlesnake as a culinary delight. Then

there is Pumpkin Pie Jennifer's Way, Martin “Red” Haven and the Bachelor's Doom Cake, Miss Carrie Harrison, at that time Asbury's oldest resident at 104, with her Melt-in-the-Mouth Blueberry Cake and many, many more.

Many people made the project possible - residents, some of whom wrote to their children to get the cherished recipe, the team who did the interviewing and preparation (in pre-computer days), and Emily Womach, who was at that time Editor of Village Life and a Guild Advi-

sor. Emily designed the cover for us and made contact with Kwik Copy Printing to help us in the most cost-efficient method of producing the book.

How often our lives are defined by favorite foods and special occasions! Recording some of those reminiscences was a labor of love and worth all the work to those involved. There are still copies available at the Guild's Kindley Gift Shop, but the supplement of 1990 is in short supply. Perhaps it is time for another printing....

## IN MEMORIAM



Resident	Facility	Date of Death
Rachel Henry	WHCC, Kindley, Diamond	May 18, 2005
Leila Kriigel	WHCC	May 18, 2005
Barbara Albertson	WHCC, Mund	May 19, 2005
John Vance	WHCC, Diamond	May 27, 2005
Inga Tjio	Diamond	May 31, 2005
John Maddox	WHCC, Diamond	May 31, 2005
Jean Carter	WHCC, Kindley, Home	June 1, 2005
Leonard Bradley	Diamond	June 2, 2005
Harry Sparshott	Diamond	June 3, 2005
Charlotte Fischer	WHCC, Kindley, Mund	June 7, 2005
Beatrice Earle	WHCC, Trott	June 8, 2005
Marion Howe	WHCC	June 10, 2005
Lovena Cooper	WHCC, Trott	June 12, 2005
Anne Moon	419	June, 15, 2005
Barber Waters	WHCC	June, 19, 2005
Elouise Weaver	Trott	June, 21, 2005
Eleanor Howe	Diamond	June, 21, 2005
Harriet Snyder	WHCC/Kindley/Trott	June, 22, 2005
Judge Richard Waldron	419	June, 26, 2005
Elizabeth Robinson	WHCC	June, 27, 2005

## WELCOME NEW RESIDENTS

Photo: Martha Hunt



### **Henry M. Cox Edwards-Fisher 409, x6512**

It was in late December, 2004 when Henry Cox selected an available apartment in the Edwards-Fisher building and began moving out of his house in Rockville, where he lived for 21 years. Selecting what furniture and personal belongings to take to his new apartment was a lengthy process, so he didn't become settled at Asbury Methodist Village until late February, 2005. Born in Brooklyn, New York, he received a B.S. degree in Chemistry, with minors in math and physics, from Hartwick College in Oneonta, New York. In the 50's he continued his education at Polytechnic University where he obtained a second B.S. degree, this one in Aero Engineering.

Henry Cox began his professional career

with Lockheed-California Company, where he was appointed Crew Chief of the low-speed wind tunnel in which model testing was conducted for the Constellation, F-104 and other aircraft. Later, at North American Aviation, he also engaged in wind tunnel testing and subsequent to this conducted aerodynamic studies associated with the X-15 Rocket Plane. Moving on to Douglas Aircraft Company, as an associate engineer, he engaged in both aerodynamic and astrodynamics work; the latter included analyses of flight trajectories of Launch Vehicle Systems. While living in California he was also employed at Ryan Aeronautical Company in San Diego.

In 1967 he returned to the East Coast, first joining Singer-General Precision, Inc. in Binghamton, New York and later Curtis Wright Corporation in East Patterson, New Jersey. After taking graduate courses at Polytechnic University, his second alma mater, he was hired by Vitro Corporation in Aspen Hill where he wrote test procedures for the Cruise Missile System. He retired from Vitro in 1986.

Henry is an enthusiastic golfer and once made a hole-in-one at the Needwood Executive Golf Course. Other sports he enjoys are skiing, swimming and biking. His hobbies include writing, in particular, poetry and essays. Also, he has a CD collection of classical music, so that he can often listen to the works of such composers as Mozart and Chopin. One of his volunteer activities, until recently, was driving for FISH (taking patients to doctors' appointments) and he has served as a member of the Civil Air Patrol for 37 years.

A Methodist by affiliation, Henry Cox is single with a brother living in Great Neck, New York. After investigating several retirement communities he chose Asbury because of the many amenities offered and its proximity to friends in Rockville.

*(Joan Dunlop, Edwards-Fisher)*



### **Teresa Ma Diamond 804, x6479 E-mail: TeresaMa@aol.com**

Mrs. Ma is a new resident in Diamond, having moved from Edwards-Fisher in March, 2005. She was born in Shanghai, China. After high school, she went to the University of Aurora School of nursing in Shanghai.

Teresa came to the United States in 1955 and worked at St. Luke's Hospital in New York until she married. Now she is a widow and has one daughter.

She enjoys walking and reading. Her religious affiliation is Catholic.

*(Marjorie McFarland, Diamond)*

*Continued on page 14*

# A Case of Mistaken Identity

In the May/June issue Willa R. Moore's biographical information was correct, but the picture above the information was of Gerry Jennings!

When the Editor called to apologize to Gerry, she told this story: "When I first saw the picture of Willa Moore, I thought how amazing it was that she looked so much like me! I went out, and when I came back and looked at the picture again, I thought how odd that Willa Moore had a blouse so much like mine and a chair too!"

Well, Gerry, it would have been amazing if it were so, but your photo was with Willa's bio. I hope these photos set the record straight!



This is how Willa R. Moore really looks.



This is how Gerry Jennings really looks.

## WELCOME NEW RESIDENTS

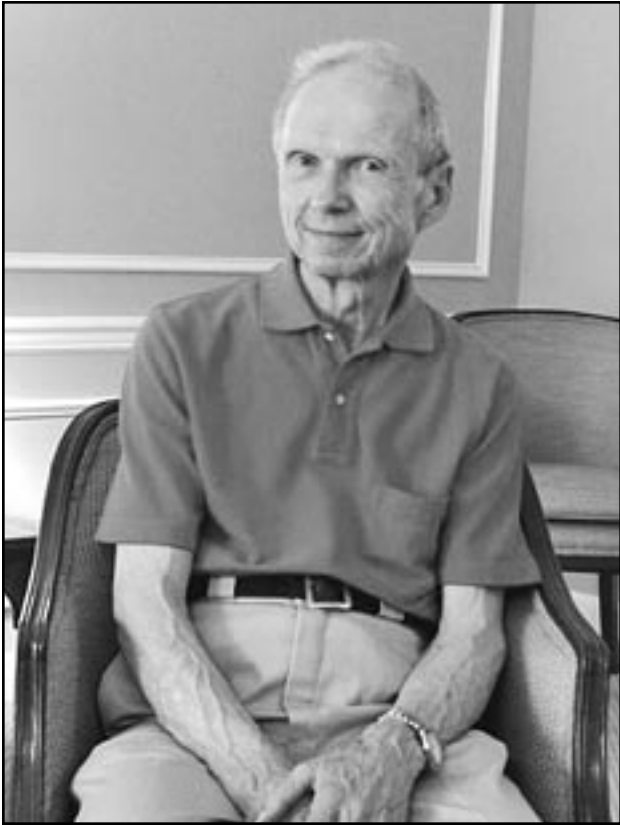


Photo: Tom Wilkinson

### **Robert Hartman** **Trott 708, x6833**

Asbury is delighted to introduce Dr. Robert Hartman, who has moved here from Milan, Michigan.

Dr. Hartman graduated from the University of Michigan in 1951. He had been in the NROTC program at the University, and on graduation he received both his B.A. and his U.S. Naval Commission.

At that time he married a fellow student, and after a brief honeymoon he reported to his destroyer assignment. The ship was deployed to Korea for 18 months. He was then assigned to shore duty at Great Lakes Naval Station, Illinois for the remainder of his three year military obligation. He then returned to the University of Michigan, where the G.I. bill helped him and his family "get by." The family now included three children.

He received his degree as Doctor of Medicine at the University of Michigan and proceeded on to a rotating internship at St. Joseph Mercy Hospital in Ann Arbor, Michigan. He then joined a family practice in Milan, Michigan. He employed a Nurse Practitioner to assist him. Meanwhile, he added training and became certified in Family Medicine and Geriatrics. During those years he assisted in the births of more than 1000 children.

Dr. Hartman retired in 1989 and continued to use his expertise in volunteer community work. Yet, he made time to engage in several hobbies—gardening, genealogy, and using the computer. He has also traveled extensively, particularly in Europe. He and his wife Judith raised five children. Judith died in 2004. Two of his five children live in the area, and their research prompted his move to Asbury.

*(Virginia Williams, Trott)*



Photo: Martha Hunt

### **Luella Nash LeVee** **Edwards-Fisher 602, x6912** **E-mail: levee@erols.com**

Luella moved into Edwards-Fisher April 30th from Rockville, Maryland. She was looking forward to living here because her friends here had always given her good reports. And she knew that Asbury has a fine reputation and offered all levels of care.

Born in Covington, Kentucky, Luella took credit courses at University of Cincinnati, University of Michigan, Cincinnati Art Academy and received a B.A. from Northern Kentucky University. She has also attended Montgomery College.

Luella was a journalist in Cincinnati, Buffalo, and New York City. She currently works in her own business writing and editing. Her book, *Pure Joy: Walking Through Trials with Christ*, published in 2003, is available in our campus libraries, certain book stores and the gift shops in Kindley and WHCC.

For many years, she has been a volunteer working with disabled persons through her church and her daily activities.

Her hobbies are reading, art, and water walking (which she plans to do here at Asbury). She is happy that she made the decision to move here. Everyone has made her feel very welcome and has many new friends.

Luella is looking forward to her son's wedding on July 2, 2005, when she will become the instant grandmother of five and great grandmother of four.

She is a member of the Fourth Presbyterian Church in Bethesda.

*(Betty Savage, Edwards-Fisher)*

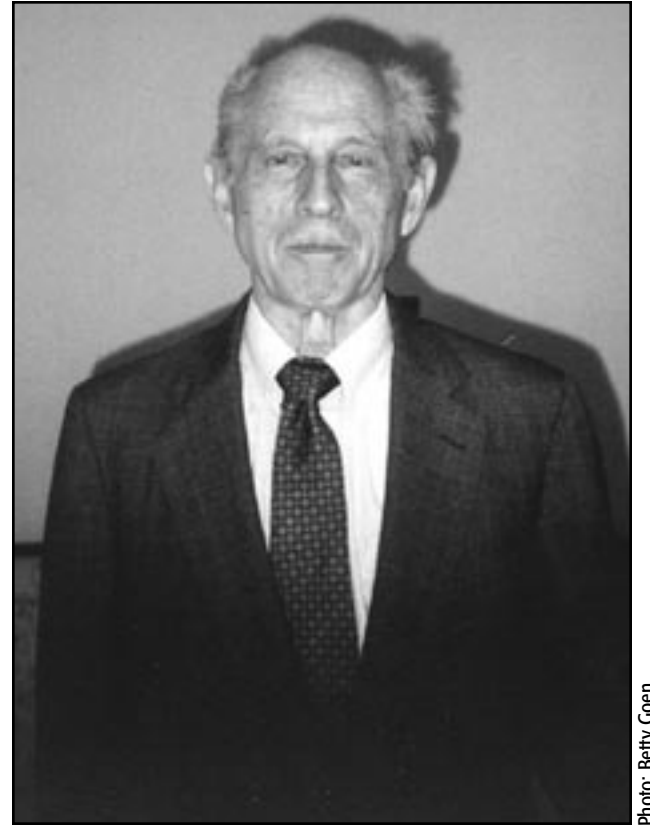


Photo: Betty Coen

### **Delbert Myren** **Edwards-Fisher 611, x4854**

Del entered Asbury by way of WHCC where he came to recuperate from hip replacement surgery at Suburban Hospital. His entry date was March 1, 2005. His wife has been a patient in Sunrise in Montgomery Village since December 2003.

He was born in Eau Claire County, Wisconsin. He earned his B.S. and M.S. in Science from the University of Wisconsin. He received a Rotary scholarship for a post graduate year at the University of Bonn, Germany. His Ph.D is from the University of Wisconsin, Madison.

Del worked for the Rockefeller Foundation's Agricultural Cooperation in Mexico for fifteen years. He then spent seven years with the U.S. Agency for International Development. For eight years he worked with the World Bank Agricultural program, which included many countries in Asia, Africa, and Latin America.

Del and his wife have three children and seven grandchildren. They had a home in Leesburg, Virginia, which he has sold. But he maintains his three-room log cabin with stone fireplace on Shirt Hill Mountain, Virginia and grows blueberries there. They built it themselves with logs (which were in excellent shape) from an old cabin in Pennsylvania. His main interests are agriculture and genealogy.

He chose Asbury for its location near Sunrise and his son, Eric and his family living in Germantown. Gloria and John Lindt moved here last year and recommended Asbury to him. He is happy to be relieved of the responsibilities of a house. His religious affiliation is Lutheran.

*(Betty Savage, Edwards-Fisher)*

*Continued on page 15*

## WELCOME NEW RESIDENTS



**Margaret Reilly**  
Bldg. 419/419, x4866

We introduce you to Margaret Reilly, who lives in Apartment 419 Building 419! She was born in Pittsburgh, Pennsylvania on the 16th day of June. Her religious affiliation is Presbyterian.

After graduating from high school, she enrolled in Allegheny College, Meadville, Pennsylvania, majoring in economics. Margaret married in 1940 and celebrated her golden wedding anniversary with her husband, who passed in 1991.

Her principal occupation outside the home was volunteer work in several hospitals—St. Clair Memorial in Pittsburgh and, after moving to Maryland, at Holy Cross in Silver Spring.

Margaret's husband was a nuclear engineer for Westinghouse (in Pennsylvania) and, after relocating to Maryland, he was employed by Bechtel, Rockville.

The Reilly's loved to travel in the United States. They made several visits to Hawaii and to Bermuda. When at home, they liked to play cards and go ballroom and square dancing.

Prior to moving to Asbury March 15, 2005, Margaret lived at Leisure World for ten years. Her daughter lives in nearby Kentlands and there are two grandchildren and four great-grandchildren, of whom she is very proud.

A warm welcome is extended to you, Margaret, from all at Asbury Methodist Village

### Health Services PAC Presents:

**Dr. Robert Birschbach**

**"Why Does My Belly Ache?"**

**Monday, July 11**

**2:00 p.m.**

**Parker Hall**

**Contact: Kathleen Link X5101**



**Dorothy Camara**  
Diamond 812, x4752

Dorothy was born in Fall River, Massachusetts. She received a Bachelor of Science and a Master of Science at the University of Connecticut. In Pittsburgh she received a Ph.D at the University of Pittsburgh.

For 21 years Dorothy worked at St. Elizabeth's Hospital, first as a clinical psychologist, then as Ward Administrator. She then founded and managed an alcoholism program.

Dorothy likes birding and reading history. She enjoys theater, especially Shakespeare drama, and concerts and art. She is a member of the Audubon Naturalist Society, the National Capital Area Skeptics and the American Association of University Women. She has traveled extensively, having visited all but one of the continents.

As a volunteer, she has worked as a library assistant for the past 11 years at the library of the Audubon Naturalist Society, and has now started volunteering at the Bldg. 417 Library.

*(Marjorie McFarland, Diamond)*



**Martha Baptie**  
Mund 107, x6904

Martha grew up in La Mesa, California, near San Diego. She received a degree in Public Health from the University of California at Berkeley and became Bacteriologist for the city of Richmond.

In 1948 she married a man who was a chief pharmacist's mate in the Navy, and one of their posts was two years in the Philippines. Later they settled in San Diego. When her youngest daughter was six Martha began teaching, having gone to San Diego State for a year to obtain teaching credentials. She taught in the primary grades, mostly Kindergarten, for 25 years.

Martha loves to travel and has been on all continents except Antarctica. She also loves to read especially biography and historical novels. She has volunteered for sixteen years at her local hospital and at the Bargain Bungalow in her church.

Martha's eldest daughter lives in Gaithersburg which explains why Martha lives at Asbury. Another daughter lives in Chula Vista, near San Diego; the other in Bozeman, Montana. Martha is a Presbyterian.

*(Judy Weaver, Mund)*

## Coming Summer Events

### From the Health Services PAC:

Monday, July 11, 2:30 p.m., Parker Hall

Dr. Robert Birschbach

Topic: "Why Does My Belly Ache?"

### From the Entertainment PAC:

Wednesday, July 20, 7:30 p.m., Rosborough Theatre

Music for organ by Asbury residents Cathy and Norman Heim, Marie Hoffman and Asbury chaplain Dr. David Park. (no charge)

Friday, July 29, 7:30 p.m., Parker Hall

Calvin Crosson, Asbury resident, baritone,  
in a program of religious songs. (no charge)

Friday, August 12, 7:30 p.m., Rosborough Theater  
The Washington Barbershop Choir (\$2.00 donation)

# 50 Super Summer Boredom-Beaters

What's hot for summer? The pavement and this hot list of cool things to do! Have a FUN-tastic summer!

1. Have a pool party! Think you can't do it? At age 86, Katherine Pelton swam the 200-meter butterfly in 3 minutes, 1.14 seconds, beating the men's world record for the 85-to-89 age group by over 20 seconds.

2. Break out the blender and create a new blender drink. (Start with this: 1 cup orange juice, 1 scoop vanilla ice cream. Yum!)



3. Pack a picnic and eat outside for a change.

4. Find a walking partner and walk around the lake.

5. Look for treasures at the Bar-

gain Mart or the Williamsburg Clothes Closet.

6. Look through the campus directory and find everyone who has the same first name as you.

Then plan a get-together for all of you. (Betty Goen has Betty parties and all the campus Betty's meet for tea.)

7. Make this the summer of the knees. Learn the best exercise and physical therapy to strengthen your knees and do it!

8. Cool off your eyes with cucumber rounds or teabags.



9. Start a joke book and share your jokes at dinner or with your grandchildren.

10. Write a prayer.

11. Have a costume jewelry swap meet. Everyone brings costume jewelry they are willing to trade. Display the items and start the trading fun! "I'll give you this pair of earrings for that bangle bracelet!"

12. Start a book group on your floor. Read a book by one of your Asbury neighbors. (Mike Hua's book, *Lost Black Cats*, the story of Two Captured Chinese U-2 Pilots, was just donated to the campus libraries!)

13. Build something in one of the wood shops.

Need some inspiration? At age 88, Michelangelo created the architectural plans for the Church of Santa Maria degli Angeli.

14. Gaze at the stars in the summer sky and think of the most romantic moment in all the summers of your life.

15. Make lemonade from scratch, or, scratch while you make lemonade!

16. Change your after-shave. It will make you feel like a whole new you!

17. Get a pedicure for pretty and handsome summer feet.

18. Wear a bright color you've never worn before.

19. Decide to be happy all day.

20. Flirt! (It just means be friendly!)

21. Make a new friend from another building.

22. Buy a new set of summer sheets and fresh new towels—sunshine yellow is a happy color.

23. Make a difference in someone's life.

24. Fill a vase with fresh flowers for your table.

25. Make a chart showing the Six Components of Wellness—Physical, Spiritual, Vocational, Emotional, Social, and Intellectual. Plan to do something each day to fulfill each component. (Walk, appreciate nature, read about a bird you saw on your walk, rejoice in it's beauty, share what you learned with a friend.)

26. Treat yourself to a Market Special meal in the dining room. (You deserve it!)

27. Pick a subject and start learning everything about it. You may be surprised to discover you really do like studying the life and times of lizards!

28. Ask provocative questions of your dining room table mates. (What did your father or mother do at your age that you promised yourself you'd NEVER do when you got to be that age?)

29. Sit and meditate.

30. Keep an on-going list of funny things you hear on campus and submit them to *Village Life*.

31. Learn how to use a digital camera. Then learn how to e-mail your photos to your family.

32. August is the only month with no official holiday. Create a special August holiday and celebrate it.



33. Look through the book of residents in your lobby and familiarize yourself with the faces of your neighbors.

34. Go with a girlfriend to a makeup counter at one of the department stores and sign up for a makeover. It's fun!

35. Make a summer promise to yourself to quit one bad habit before September 1st. Then throw yourself a party celebrating your great will-power.

36. Look in the mirror and love the face that is yours now. Smile and see how attractive the person smiling back at you is.

37. Start something completely new. Grandma Moses began painting at age 77.

38. B ready for fun! Play Bingo, Bridge, or Boggle.

39. Write down five things you like living at Asbury and send your list through campus mail to Linda Aber, *Village Life*.

40. Start wearing a jaunty summer hat. Tip your hat to other residents as you pass each other.

41. Pick up the knitting, crochet project, woodshop project or any other activity you put down years ago because you were too busy to do it.

42. Learn what it means to "Google" someone. Then "Google" someone!

43. Compliment a friend, neighbor, or Asbury associate.

44. Get your feet wet—in the pool, in a sprinkler, or just in a soothing tub of water at home.

45. Stroll over to the Wilson Health Care Center and say "tweet tweet" to the birds in the lobby.

46. Think of someone you know who is interesting enough to be on television, then call Linda Aber x4106, to suggest she book the person as a guest on Asbury View.

47. Give a bouquet of flowers to someone who doesn't expect it.

48. Sit on a bench or a balcony with friends on a warm summer night and talk about things that matter to you.

49. Read a travel magazine and plan a fantasy trip.

50. Laugh! Love! Live



## Village Life

A NEWSPAPER FOR ASBURY METHODIST VILLAGE

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